
Sisters of Missouri City Church of Christ

Taking Care of the Whole Woman (Mind, Body and Soul)



Our goal is to develop ministries to care for the vast needs of a Christian woman. We understand that when a woman is whole, the kingdom of God can be at its best. Unfortunately, when we as women are not whole, God's kingdom is the area of our lives that we usually shortchange.

This document will outline how every ministry will work together to provide care and service, so that each sister can be whole (mind, body, and soul).

Our mission is to help one another be our BEST so that we give God our BEST.

We're all in this together
All in for Christ
All in for the Kingdom
All in for one another
#All-In
#Purposeful
#Intentional

SISTERS HELPING SISTERS

Sisters helping sisters is designed to address the emotional needs of a woman. As a sister deals with life circumstances, the goal is she never has to walk alone.

Sisters helping sisters is an opportunity to give God glory by sharing what God has brought you through. Sharing your story to help another sister make it through during their difficult times.

A woman that is dealing with pain whether it is due to a death, depression, chronic illness, financial challenges, etc. may enter into a place where she is unable to be of full service to the kingdom. When one sister hurts, we all are affected. When one soldier is wounded, our sister chain is weakened.

The purpose of creating a directory is to provide sisters with a list of other sisters who have experienced **similar** life situations and who are **willing** to share their story to potentially help another sister on her journey.

If God brought you through it, grab another sister by the hand and help her through it.

SPIRITUAL GROWTH

Chair: Karen Wright

281-898-3320

The Spiritual Growth Ministry is addressing the spiritual needs of a woman. This ministry is focused on equipping women through an in-depth study of God's word, so that our lives are transformed, we are able to continue steadfast in the faith and we are equipped to touch the lives of others by sharing the word of God. In addition, the focus is to develop teachers to meet the vast spiritual needs of the sisters at Missouri City church of Christ.

SERVICE MINISTRY

Chair: Annie Cuba

832-722-2716 (text message preferred)

The Service Ministry is focused on serving our members, the community and those who are homeless. The focus is to offer door to door evangelism by first fulfilling the person's physical needs such as food, clothing, etc.

HEALTH & WELLNESS MINISTRY

Chair: Jackie Williams

281-610-4602

The Health & Wellness Ministry is addressing the woman's body and mind. This ministry is focused on equipping the sisters/church with information through various means for the intent to properly care for our temples so that we can be our best for the work of the kingdom. In addition, the ministry will focus on educating the church on healthy food alternatives for potential better health outcomes. Many diseases are not hereditary rather our diet is passed from generation to generation yielding the same health issues generation to generation.

S.I.P Ministry

(Saints In Prayer)

Chair: Felecia Smith

281-731-4578

The Saints in Prayer Ministry is focused on addressing the spiritual, physical and emotional needs of women through communication with God. This ministry is focused on magnifying the power of prayer, praying in the Will of God and understanding prayer is two-way communication.

L.I.F.T. MINISTRY

(Ladies In Fellowship Together)

Chair: Pam Broussard

281-455-3944

The L.I.F.T. Ministry is addressing the woman's physical, emotional and social needs through various events. This ministry is focused on hosting events that allow sisters to shower one another with love, work together and continually grow together in love and service for the Lord. In addition, the ministry offers opportunities for a host of sisters to share their talents and creativity.

SISTERS WELCOME MINISTRY

Chair: Sandra Edens

832-566-2448

■The Sisters Welcome Ministry is to ensure that every new sister, whether a new convert or a sister that places membership from another church of Christ congregation, is warmly welcomed to the Missouri City Church of Christ family. This ministry is focused on providing new members with information that will help them quickly find their place within the body at Missouri City and to begin using their talents and gifts. The ministry is also focused on connecting our newly baptized members with a Big Sister to help guide them spiritually.

The vision is for a Christian woman to be emotionally healed and whole through [Sisters Helping Sisters](#), the [Cancer Support Group](#) and the [Healing, Overcoming, Persevering and Evolving \(H.O.P.E.\) Support Group](#); spiritually whole through the works of our [Spiritual Growth Ministry](#); healthy physically and mentally due to the works of our [Health & Wellness Ministry](#); develops a strong prayer life due to the works of our [Saints in Prayer \(S.I.P.\) Ministry](#); and grow in love through fellowships sponsored by our [Ladies In Fellowship Together \(L.I.F.T.\) Ministry](#). In addition, sisters new to the Missouri City Church of Christ family by way of baptism or placing membership from another church of Christ congregation are provided information to introduce them to the available ministries by the [Sisters Welcome Ministry](#), and our elderly at Missouri City church of Christ and beyond are served through our [Service Ministry](#).

It's never too late to be a part of the movement. If you would like to work with any of the listed ministries or would like to know more, please reach out to the Chair of that ministry.

If you would like to help another sister by sharing your experiences, please contact the church secretary, Chrystl Ardoin, for a copy of the form.

If you have any questions or need further information, please reach out to Jackie Collins (281)352-6643, Leslie Williams (512)422-5053, Mychelle Scott (832)656-4771, or Zaundra Watson (713) 476-8103.

May the sisters at Missouri City Church of Christ bring honor and glory to our Lord and Savior in everything we do.

Whatever you do,
do it all for the
Glory of God
1 Corinthians 10:31

Ministries Overview

Service Ministries

- Bless a family in need. (This may include helping a family find resources for food, assistance with financial issues, prayer, etc.)
- Maintain a Food Bank and/or Clothing Pantry to serve the church and community.
- Door to door evangelism (Giving out food, household products, clothing)
- Baskets for the Homeless
- Create a list of members who will open their home at Thanksgiving and Christmas to share a meal with a student away from home or a senior who is alone.

Spiritual Growth Ministry

- Ladies Bible Studies
 - How to study the bible
 - In-depth study of the word of God
- Biblical Lectureships
- Extended bible classes to address all levels of one's biblical understanding

S.I.P. Ministry (**S**aints **I**n **P**ray)

- Partner with other sisters to pray together
- Pray for others (prayer cards, prayer requests)
- Organize prayer breakfast / brunch and other prayer events
- Design lessons on Prayer
- Monthly Sister Prayer Call
- Prayer Walk
- Praying Saints - Sunday morning prayer

Sister's Welcome Ministry

- Create a welcome packet
- Welcome all new sisters (baptism or place membership)
- Assign a Big Sister for new converts
- Calling Committee to help our new sisters stay connected

L.I.F.T. Ministry (Ladies In Fellowship Together)

- Breakfast honoring our mature saints
- Monthly get togethers celebrating sisterhood
- Quarterly Outings with the sisters
- Outing with sister congregations in Texas and out of state
- Picnic
- Quarterly Secret Sister to Sister
- Sister's Newsletter
- Holiday event with the community
- Sisters Birthday Celebration
- Ladies Programs / Gatherings / Luncheons
- Ladies' Retreat

Health & Wellness Ministry

- Free health screening / immunizations
- Health Symposiums on topics that impact us
- Healthy Alternatives to promote healthy outcomes
- Mental Wellbeing
- Exercise Classes

Support Groups

formed through

Sisters Helping Sisters

Support groups are formed by sisters who connect through a common life experience. When a connection is made, the sisters will determine the method used to support and encourage one another. The methods may include but are not limited to group sessions to share experiences, study of God's word, prayer partners or prayer circles, outings together, home fellowships and a host of ways deemed necessary to support one another.

If you connect with another sister or sisters and a support group is formed, please notify Jackie Collins, Leslie Williams, Mychelle Scott, or Zaundra Watson and your support group information will be added to this document for other sisters to be aware of opportunities to be blessed.

There is no formal process. Any sister can form a support group. It's simply sisters connecting and being transparent enough to hold another sister's hand during a difficult time in her life.

Ecclesiastes 4:9-12

***Two are better than one**, because they have a good return for their labor: If either of them falls down, **one** can help the other up. But pity anyone who falls and has no **one** to help them up. Also, if **two** lie down together, they will keep warm. But how can **one** keep warm alone?*

Support Groups



Cancer Support Group

Contacts: Cecillia Shearron-Hawkins (346) 276-9173 or Connie Bolden (281) 782-0828

- Ladies who have survived cancer
- Ladies who are going through cancer treatment
- Ladies who are newly diagnosed with cancer

If you are a cancer survivor, to God be the glory, allow yourself to be the vessel that God will use to minister to other women on their cancer journey. If you are currently battling cancer, allow other sisters to hold your hand and walk with you.

H.O.P.E. Support Group

Healing, Overcoming, Persevering, Evolving

Contacts:

- H.O.P.E. is comprised of women of all ages, coming together for the sole benefit of helping one another as we journey through life. H.O.P.E. allows sisters to speak freely and share what's on their hearts, their challenges, experiences, and triumphs. H.O.P.E. provides an environment that allows sisters to develop trust, experience acceptance, love and an atmosphere free from judgment.
- Everyone has and will go through challenges in life. In the midst of your own life challenges, you can be a blessing to someone else. Our moments of struggle do not define our entire life. It does not put our faith in question. Nor does our struggles and challenges lessen the love we have for God.



Sometimes you need to **see hope** in someone else
Sometimes you need to **be the hope** that someone else sees

Bible Classes

Sunday @ 9:00 am

- Adult Bible Class
- Marriage Class
- New Member Class
- Youth Bible Class

Monday @ 7:00 pm

- Bible study for Members / Non-Members to ask questions about the Church of Christ

Tuesday @ 10:00 am

- Ladies Bible Class

Wednesday @ 7:00 pm

- Adult Bible Class
- New Member Bible Class
- Youth Bible Classes

Thursday @ 8:00 pm

- Prayer Call and Devotional

Kid For Christ (KFC) Programs



Young Adult Ministry (Y.A.M.)





Around the Sisterhood

Missouri City Praying Saints

1st Sunday @ 8:30 am

Missouri City Church of Christ sanctuary

West Side Sisters Prayers of Inspiration

Every Monday @ 8:00 pm

Zoom ID: 899 4918 3928 **Passcode:** Faith

Missouri City Ladies Bible Class

Tuesdays @ 10:00 am – 11:00 am

Missouri City Fellowship Hall or Via Zoom

(Please visit www.mocitycoc.org for link to join the Ladies Bible class via zoom)

Forest Hill Church of Christ Ladies Bible Class

Every Tuesday @ 7:00 pm

Zoom ID: 886 4860 7743 **Passcode:** 072408

Missouri City church of Christ Prayer Call

Every Thursday @ 8:00 pm

Dial in: 218-895-0767 **Passcode:** 2019#

Missouri City Ladies Prayer Call

3rd Saturday of every month @ 10:00 am

(Please visit www.mocitycoc.org for link to the Prayer Warrior zoom)

Study

*to show yourself approved
a workman who correctly handles the
Word of Truth*

and needs not be ashamed
2 Timothy 2:15

Staying Connected

www.mocitycoc.org



For Information regarding Zoom meetings for the Ladies Tuesday Morning Bible Class and the Prayer Warrior Ladies Prayer Call

1. Click on Sisters
2. Click the link corresponding to the zoom you would like to attend

For Information regarding Missouri City Church of Christ Sisters Helping Sisters

1. Click on MCCC SISTERS
2. See church secretary for Password