

HOUSTON METROPLEX

CONFIDENTIAL EMERGENCY CONTACT/MEDICAL FORM

(IT IS RECOMMENDED THAT GROUP COORDINATOR KEEP A COPY FOR EACH MEMBER AT ALL ACTIVITIES AND EVENTS)

This medical information may be necessary in the event of serious illness or accident. Please complete this form accurately and truthfully. The facts you disclose will be kept confidential and the information provided will be given to others only in an emergency situation. Failure to disclose accurate and complete information could compound the seriousness of an accident or illness. Attach additional pages if more space is needed.

GENERAL INFORMATION

NAME _____ DATE OF BIRTH _____

ADDRESS _____

PHONE _____ EMAIL _____

EMERGENCY INFORMATION

HEALTH INSURANCE COMPANY _____

POLICY # _____ PHONE _____

PHYSICIAN _____ PHONE _____

PLEASE ATTACH A PHOTOCOPY OF YOUR HEALTH INSURANCE CARD.

PERSON(S) TO CONTACT IN THE EVENT OF AN EMERGENCY

1) NAME _____ RELATIONSHIP _____

ADDRESS _____

PHONE _____ EMAIL _____

2) NAME _____ RELATIONSHIP _____

ADDRESS _____

PHONE _____ EMAIL _____

MEDICATIONS

LIST ALL OVER-THE-COUNTER AND PRESCRIPTION MEDICATIONS, DOSAGE, AND WHAT THE MEDICATIONS ARE USED FOR. CLEARLY INDICATE ANY FOR WHICH IT WOULD BE CRITICAL OR LIFE-THREATENING IF YOU RAN OUT. BRING SUFFICIENT QUANTITIES PLUS A FIVE-DAY EMERGENCY SUPPLY WITH YOU.

CURRENT CARE

IF YOU ARE CURRENTLY UNDER THE CARE OF A MEDICAL PROFESSIONAL (PHYSICIAN, COUNSELOR, PSYCHIATRIST, PSYCHOLOGIST), PLEASE INDICATE CONDITIONS AND REASONS, AND EXPLAIN ANY POSSIBLE IMPACT ON PARTICIPATION ACTIVITIES.

ALLERGIES

LIST ALL DRUG, SEVERE FOOD, BEE STINGS OR OTHER ALLERGIES AND ASSOCIATED SYMPTOMS AS WELL AS TREATMENTS USED:

SIGNED _____ DATE _____